Demonstrating Outcomes in Dundee

SHANARRI- Prompts for parents /carers to help identify important outcomes.

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|  | *Name of language for translation* |
| **Safe** | I store equipment/medicines safely.My child is safe with people coming into the house.I don’t use substances when children are in my careMy child and I feel safe. |  |
| **Healthy** | I keep health appointments for myself and my child.I ensure money for food is available.I make healthy choices.I make time for us to be active outside the home. |  |
| **Achieving** | I spend time with and encourage my child.I take an interest in school or nursery.I encourage clubs and hobbies for myself and my child.I understand my child’s age and stage.I feel satisfied that I’m meeting my own and my child’s needs. |  |
| **Nurtured** | I ensure our home is clean and warm.I listen to my child and encourage him/her to talk about their feelings.I make time for us to be together as a family.I give praise, encouragement, warmth and affection to my child.I can name an appropriate adult my child is able to discuss their feelings or difficulties with. |  |
| **Active** | We spend time having fun.We try new activities together.I support school/nursery activities.I encourage opportunities for play and sport. |  |
| **Respected** | I listen to my child and include him/her in decisions.I ensure my child has supportive friends who will help them express their views and make decisions.We have good relationships with key family members and friends. |  |
| **Responsible** | I ensure consistent routines.I give clear guidance on what’s right and wrong.I behave in a way that sets a good example to my child.I encourage my child to be helpful and care for others. |  |
| **Included** | I let my child know they are a valued part of the family.I encourage positive friendships and relationships for myself and my child.I help my child to feel part of their community.I feel that other people enjoy our company and want us around. |  |