Demonstrating Outcomes in Dundee

SHANARRI- Prompts for parents /carers to help identify important outcomes.

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|  | | *Name of language for translation* |
| **Safe** | I store equipment/medicines safely.  My child is safe with people coming into the house.  I don’t use substances when children are in my care  My child and I feel safe. |  |
| **Healthy** | I keep health appointments for myself and my child.  I ensure money for food is available.  I make healthy choices.  I make time for us to be active outside the home. |  |
| **Achieving** | I spend time with and encourage my child.  I take an interest in school or nursery.  I encourage clubs and hobbies for myself and my child.  I understand my child’s age and stage.  I feel satisfied that I’m meeting my own and my child’s needs. |  |
| **Nurtured** | I ensure our home is clean and warm.  I listen to my child and encourage him/her to talk about their feelings.  I make time for us to be together as a family.  I give praise, encouragement, warmth and affection to my child.  I can name an appropriate adult my child is able to discuss their feelings or difficulties with. |  |
| **Active** | We spend time having fun.  We try new activities together.  I support school/nursery activities.  I encourage opportunities for play and sport. |  |
| **Respected** | I listen to my child and include him/her in decisions.  I ensure my child has supportive friends who will help them express their views and make decisions.  We have good relationships with key family members and friends. |  |
| **Responsible** | I ensure consistent routines.  I give clear guidance on what’s right and wrong.  I behave in a way that sets a good example to my child.  I encourage my child to be helpful and care for others. |  |
| **Included** | I let my child know they are a valued part of the family.  I encourage positive friendships and relationships for myself and my child.  I help my child to feel part of their community.  I feel that other people enjoy our company and want us around. |  |